



**BIARGS**

British & Irish Association of  
Robotic Gynaecological Surgeons



Is your  
Gynaecologist  
offering you  
state-of-the-art  
surgery?

[www.biar gs.or g.uk](http://www.biar gs.or g.uk)



Nowadays we try to avoid major surgery for many gynaecological complaints but sometimes it is still the best approach. In 2002 the value study reported on the methods by which hysterectomy is carried out by gynaecologists in the UK. 67% of women had an open procedure involving a large incision in the abdomen, requiring a minimum of 3 days in hospital, significant pain, and slow recovery to normal activities

### Was this necessary?

We know that gynaecologists skilled in minimal access surgery (also known as keyhole surgery) using small incisions to pass a telescopic camera and fine instruments into the abdomen can perform hysterectomy this way for all but the largest wombs. With the right surgeon and the right equipment less than 5% of cases need to be done through a large incision and women can benefit from less pain, shorter hospital stay (often only overnight) and faster recovery to normal life

However many patients are not made aware of this and might not see a gynaecologist who is trained in carrying out this kind of surgery

Robotic assisted keyhole surgery gives the surgeon the best view and the most accurate control of the instruments, whilst being able to perform the surgery in the least tiring and physically demanding way for the surgeon

Robotic surgical systems are now in place at various NHS hospitals around the UK and Ireland and you may be able to benefit from the latest technology if you need a hysterectomy or major gynaecological surgery for conditions such as gynaecological cancers, endometriosis, fibroids or prolapse

For more information on whether you may be suitable for robotic surgery and the locations where this is available please contact:

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